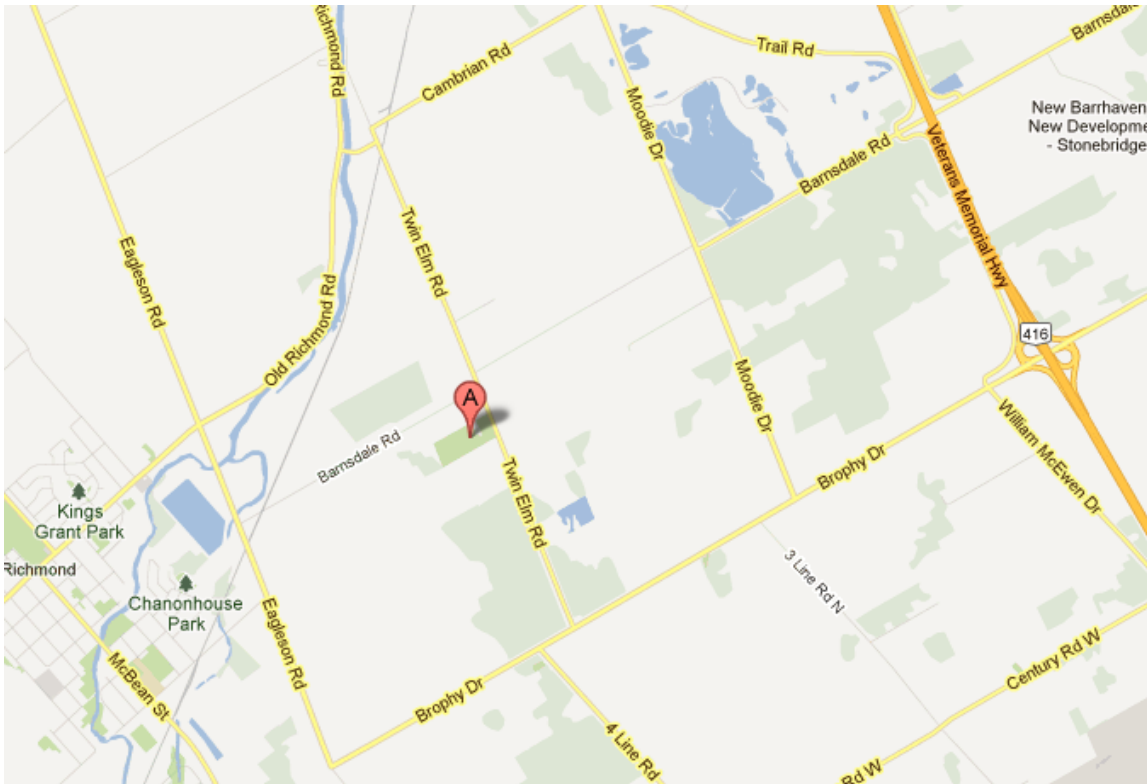


## EAP: Twin Elm Rugby Park, Ottawa

**Location:** 4075 Twin Elm Road, Ottawa  
Between Brophy Dr (south) and Barnsdale Rd (north)

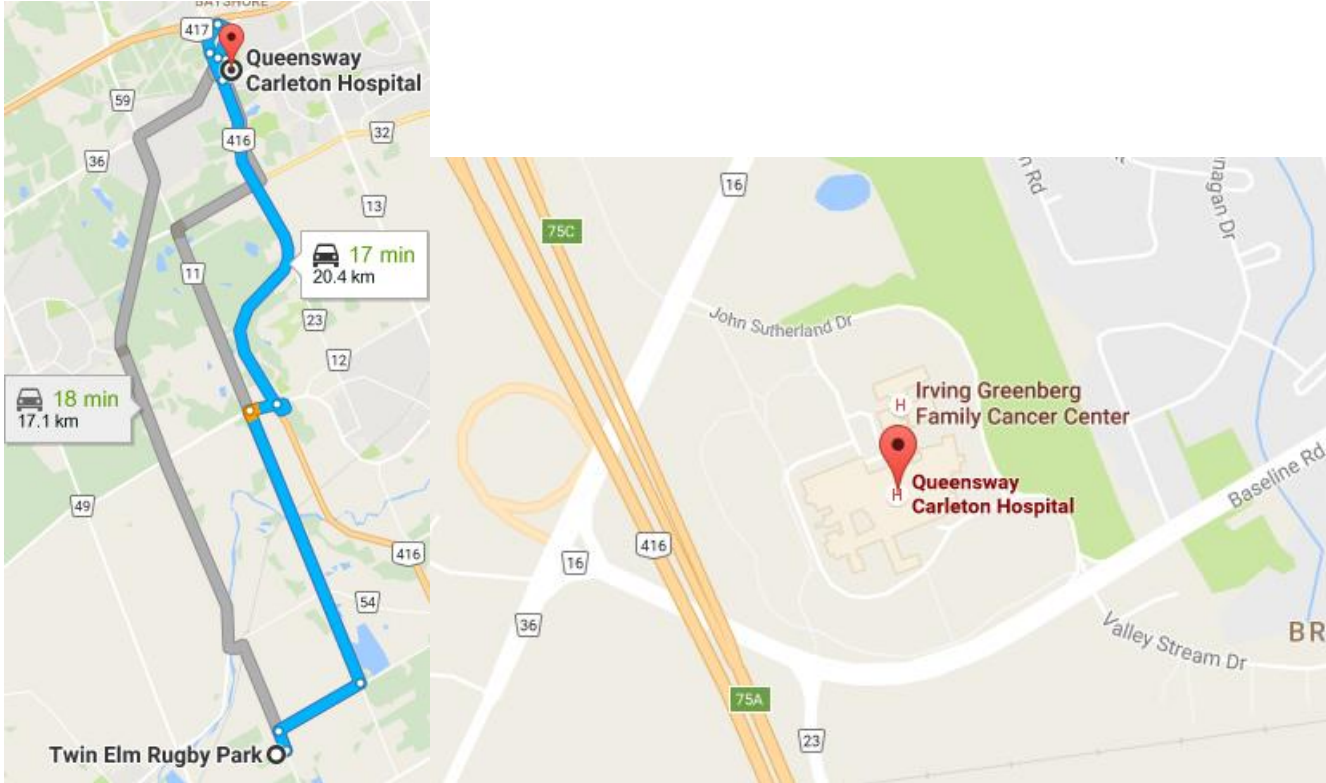
**Directions from the entrance to the back fields:** Continue straight from the entrance along the left side of the parking lot to the rough roadway. Direct access to fields 4 & 5. To get to fields 2 & 3 go between fields 4 & 5, beyond the flag pole, field 2 on the right and field 3 on the left.

**Directions from the entrance to the front pitch:** Immediate right as you enter the park, drive through the fence gates to enter field #1.



**Directions to Queensway Carleton Hospital**  
**3045 Baseline Road**

Emergency Dept.: (613) 721-4170



**Twin Elm Rugby Park**

4075 Twin Elm Road, North Gower, Nepean, ON, K0A 2Z0

- ↑ Head north on Twin Elm Rd toward Barnsdale Rd  
30 s (450 m)
- ↘ Turn right onto Barnsdale Rd  
2 min (2.0 km)
- Continue on Moodie Dr/Ottawa Regional Rd 11.  
Take ON-416 N to John Sutherland Dr in Nepean  
13 min (17.5 km)
- Drive to your destination  
2 min (400 m)

**Queensway Carleton Hospital**

3045 Baseline Road, Nepean, ON K2H 8P4